



# Access to Resources in the Community

March 2019 Newsletter

## What is ARC?

A research study that aims to optimize equitable Access to Resources in the Community for primary care patients.

## Who is participating?

### Eastern Ottawa region

8 Primary care practices



36 Primary care providers



### Greater Sudbury region

4 Primary care practices

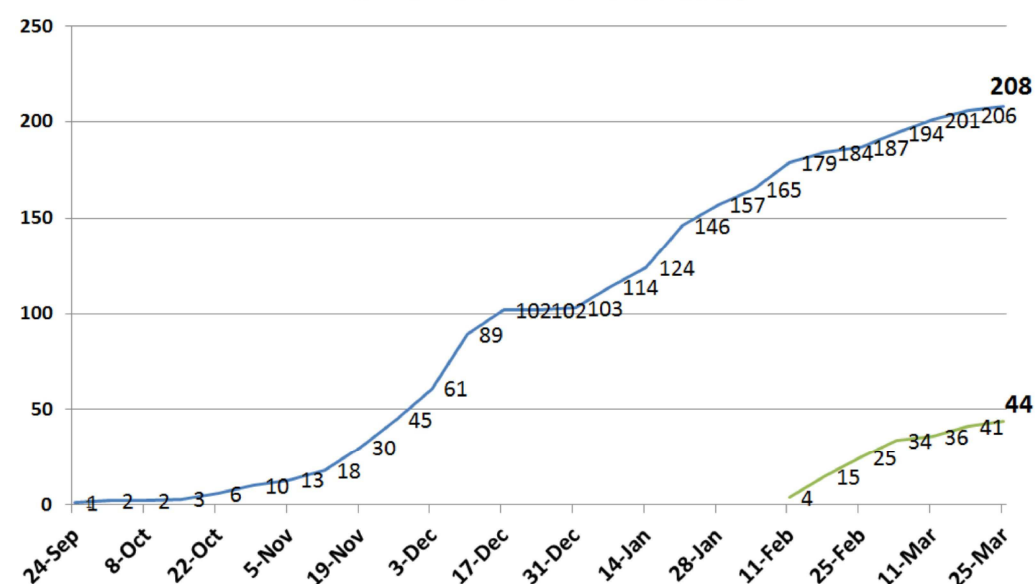


21 Primary care providers

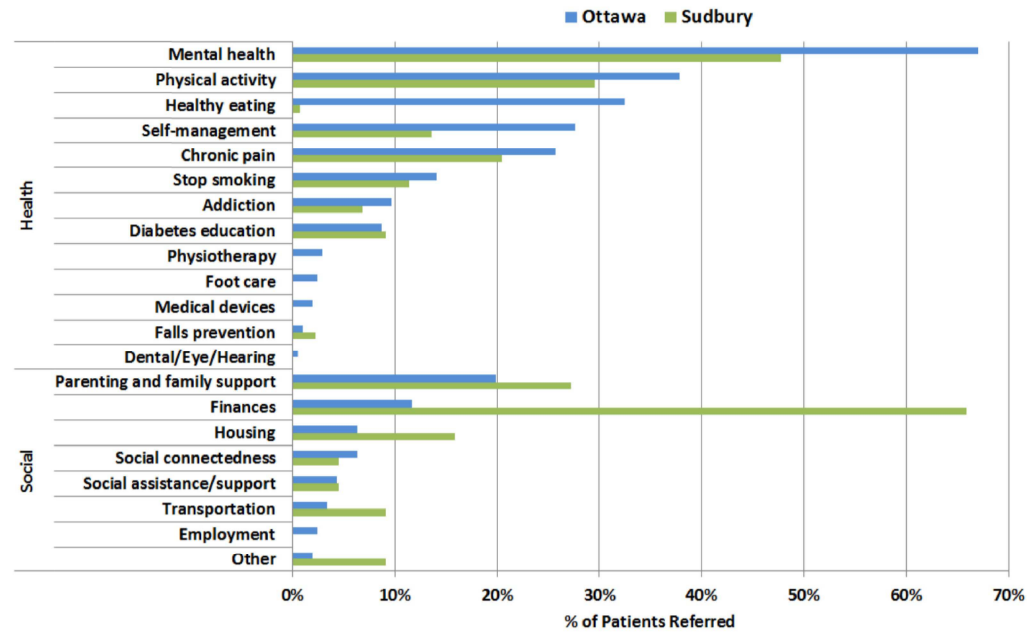


## How many referrals have we received?

— Referrals Ottawa — Referrals Sudbury



## What are the types of needs identified on the referral form?



## Patient testimonials about the ARC Navigator

"The [ARC] navigator was very patient and gave me a lot of options in terms of resources. It helped me know that there are a lot of options out there for me."

"The [ARC] navigator really helped me get the service I really needed. She helped me fill out the form needed to access it and also guided me every step of the way."



## Questions? Contact us:

### Ottawa

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## Visit our website:

[www.arcnavigatorproject.com](http://www.arcnavigatorproject.com)



Access to Resources in the Community  
Accès aux Ressources Communautaires

ARC ABOUT TEAM RESOURCES RESEARCH CONTACT US

Welcome to the ARC Research Project!

**I am a HEALTH CARE PROVIDER**  
ARC can help me provide integrated community health services.

**I am a PATIENT**  
ARC can help me navigate and access health community resources.

**I am a COMMUNITY RESOURCE**  
ARC can help me build connections with health care practices and patients.