# **Appendix Navigator Log**



## This is an example from ARC program. Please adapt it for your setting

## **Navigator Log**

#### **ONE TIME FORMS:**

These forms capture data that occur once per patient

#### Patient:

#### General

- Demographic information
- Contact information and preference for mode of communication
- Date of referral
- Referring practitioner
- General information contained in the referral form

#### Barriers and Expectations (In general)

Usually elicited at first encounter

- List of expectations and preferences the individual expresses for resources (see Guide 2 appendices: Summary and Planning Forms Section 3)
- List of barriers patients anticipates encountering to accessing the resource (see Guide 2 appendices: Summary and Planning Forms Section 4)

#### **Process verification**

Add check boxes to capture that required activities were done. This could include:

- Used active offer
- Trained on using 211
- Reason for discharge (achieved access, patient wishes to discontinue services,...)

### **Action Plan**

 Developed a plan together to with the patient detailing what the navigator and individual are each responsible for (see Guide 2 appendices: Summary and Planning Forms-Section 6,7 and Shared Action Plan)

#### **REPEATED FORMS:**

These capture data for which there are multiple records per patient

### **Needs and Actions**

Complete one record for each need identified in the referral and additional ones the individual raises during the navigation support. (see Guide 2 appendices: Summary and Planning Forms – Section 1,2). These records are completed over time. Some information will be captured during the planning meeting, and others may follow after.

Need

- Priority level
- Readiness level
- Anticipated barriers
- Expectations
- Activities (include all activities to remove barriers such as completing required forms, scheduling their first visit with the resource,
- Resource referred to (include info about its appropriateness for the patient)
- Accessed resources yes/no (assessed before discharging patient from navigation)
- Reason for not accessing
- Other general comment box

## Reporting

- Form created to be printed and shared with the referring provider at baseline, at end of study, at any other time as needed
- For form content (see Guide 2 appendices: Navigator Feedback Form)

#### **Encounters**

- Date
- Time
- Activities/discussion items